IOLA SKATE INVITE – JANUARY 8th, 2023 E398 County Highway MM, Iola WI 54945

11:00 & 11:07 AM Middle School 3.1K Boys & Girls (Green/Blue)

11:30 & 11:35 AM JV 4.1K Boys & Girls (Blue)

12:00 & 12:05 PM Varsity 7.0K Boys & Girls (Black and Blue)

Staggered start, boys first followed by girls 5 minutes later for MS, JV and Varsity. Races start adjacent to Hwy. MM. Finish line just down from the chalet. These are "mass start" events using self seeded lanes for each team and a double pole zone.

Awards to top 3 Middle School (Grades 5-6 and 7-8 results broken out), JV and top 5 for Varsity athletes. Team awards to top MS and HS teams. The 4th skier will break ties.

Untimed approximate 1K grade 4 and below race after the girls varsity race. Approximately 12:45PM to 1:00PM.

This is a freestyle event open to classical and skate skiers.

Tracks will be available adjacent to the skate lane.

This will be a non-fluor WNSL event. All waxing will need to be done outside. Very limited power availability.

\$12 per skier registration fee. Checks payable to IWSC Nordic. Scratches are fine and will not be charged. Bibs will be available inside the chalet.

Coaches, please use <u>www.milesplit.com</u> to register your skiers by Wednesday, January 4th. No limit on varsity designations. We plan on using multiple black trails on the IWSC grounds for the varsity races, which may be challenging for some skiers. Please consider JV designations where appropriate.

No skiing allowed in the ski jumping bowl. Awards to be handed out at end of each race in the finish chute.

Recreational skiers will be on the trail system during the day.

Please be courteous to them at all times. <u>Trail passes should be purchased by all non WNSL skiers using the trails.</u> An outside kiosk is available, as well as online using the address below.

https://www.iolawintersportsclub.org/

Questions to Jake at <u>trim@wi-net.com</u>. Cell number 715-498-2582. We'll provide a snow report shortly before the race.