



# 2023 LAPHAM LOPPET

## XC Freestyle + Classical Ski Race

### + Middle School Race

### Saturday, January 14



**General Information** When you race the long hills of the **11K course**, you will experience why the Lapham Peak Ski trails have won an award for best-groomed trails. Ski the race and then enjoy “cooling down” on the entire Lapham Peak system. In case of poor snow conditions, a lap race will be held on the manmade snow loops. Two warming shelters with heated indoor toilets will be available at Evergreen Shelter and Homestead Hollow. Registration limited to 150 adults/ high school. Sorry, no refunds. Pre-registration fees will be donated to Lapham Lodge project in case of race cancellation. **Return bibs after the race!!!!**

**Location:** Lapham Peak is located 3/4 mile south of I-94 on Highway C, Delafield, WI. [exit 285]

**Registration: 8:00-10:15** at Evergreen Shelter at Lapham Peak; or mail registration form before 1-06-2023 (see below)  
Online registration will be turned on at <https://racewire.com/register.php?id=13311>

**RACE FEES:** 11K RACE\*\* \$30 ADULTS \$10 H.S. (GRADES 9-12) \$5 MIDDLE SCHOOL (GRADES 5-8)  
\*\*2023 Annual State Park Vehicle Sticker and 2023 Annual Trail Pass required or \$5 special event fee and \$5 daily ski trail pass required

9:30 A.M. MIDDLE SCHOOL 3K RACE START  
10:30 A.M. LAPHAM LOPPET FREESTYLE AND CLASSICAL

**Proceeds:** Lapham Peak Friends Lapham Lodge Project. If you wish to make a separate donation, please send a check to Lapham Peak Friends- Lapham Lodge, website: [www.laphampeakfriends.org/lodge](http://www.laphampeakfriends.org/lodge)

**Awards: top 3 each age group + Overall male and female awards. Results on Skinnyski + FLP website**  
Freestyle: Grades 9-10; Grades 11-12; 18-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69;70-99  
Classical: Grades 9-10; Grades 11-12; 18-39; 40-59; 60-99 Middle School: Grades 5-8

**More Information needed?** Trail Conditions Hot Line and Race Cancellation: (262) 646-4421 Kris Maki 262-965-2636 [jmaki4@wi.rr.com](mailto:jmaki4@wi.rr.com) Park General Office (262) 646-3025 or go to [www.laphampeakfriends.org/skiing](http://www.laphampeakfriends.org/skiing)

## LAPHAM LOPPET ENTRY BLANK

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M\_\_ F\_\_

Address \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_

{circle}

Class: Freestyle or Classic GENDER M F AGE GROUP \_\_\_\_\_

MIDDLE SCHOOL GRADE 5-8 HIGH SCHOOL GRADE 9-10 11-12

*I know that skiing the Lapham Peak Ski Trails is a potentially hazardous activity. I assume all risks associated with the event including, but not limited to falls, contact with other participants, the effects of the weather, including cold and frozen ground and the conditions of the course which may include rough terrain, all such risks being known and appreciated by me. Having read this waiver for myself and anyone entitled to act on my behalf, I waive and release the Lapham Peak Friends, and all sponsors, their representatives and successors, and the Wisconsin Department of Natural Resources and its employees from all claims of ordinary negligence or liabilities of any kind out of my participation in this event.*

Signature \_\_\_\_\_ DATE \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Parent's Signature for skiers 17 and under \_\_\_\_\_

Mail check made out to “Friends of Lapham Peak-Loppet  
%Kris Maki, S46W36216 County Road C, Dousman, WI 53118

BIB



# LAPHAM LOPPET MIDDLE SCHOOL 3K FREESTYLE RACE

## Saturday January 14, 2023

### 9:30 AM 3K Freestyle Race Start



## Lapham Peak Unit of the Kettle Moraine State Forest

Hosted by the Peak Nordic Ski Club Middle School Team  
and The Friends of Lapham Peak

### RACE INFO:

- 1) RACE CONTACT: Sam Edwards, samueljamesedwards@gmail.com, 505-615-2469
- 2) RACE ORDER: 5-8<sup>th</sup> Grade Boys Race First, 5-8<sup>th</sup> Grade Girls Race starts 2 minutes later.
- 3) COURSE: Our goal is to have the highest quality course and race experience we can provide for your teams given whatever mother nature throws our way and the artificial loop at Lapham can provide, please be patient as the official course, distance, start method (interval vs mass, time between boys and girl start, number of lanes, etc.) will be determined and communicated to coaches as soon as we are able.
- 4) INDIVIDUAL AWARDS: Top 3 Males and Females in 7-8<sup>th</sup> , and 5-6<sup>th</sup> Grade.

### MIDDLE SCHOOL ROSTER/SIGNUP:

- 1) DUE DATE: Rosters are due Wednesday prior to the race at 8pm
- 2) DELIVERY: email to Sam Edwards, samueljamesedwards@gmail.com
- 3) FORMAT: Please use email, excel, word, notepad or a pdf to submit the roster.
- 4) INFORMATION TO INCLUDE: Team Name; Coach Name, Email, Phone for Calling and Mobile Phone for texting if different; Athlete Last, First Name; Gender, Grade.
- 5) WAIVERS: Each Middle School racer will be required to provide a waiver prior to racing.
- 6) HIGH SCHOOL? - High School skiers should be skiing the 11K Lapham Loppet. They may sign up using the attached form on the day of the race or online. More info is at: [Skiing – Friends of Lapham Peak Unit – Kettle Moraine State Forest \(laphampeakfriends.org\)](https://www.skiing-friends-of-lapham-peak-unit-kettle-moraine-state-forest.org). If you have a high school skier for whom the 3K Middle School race is best (i.e., beginner, other as appropriate), please let me know the situation. In situations where they are permitted to ski in the MS race they will not be eligible for MS race awards.

### RACE PACKET AND FEES:

- 1) RACE PACKET: Your team race packet will be available around 1 hr prior to race start.
- 2) FEE: \$5 per skier (check to "The Friends of Lapham Peak" or cash). Pay race day.