

2023 WISCONSIN NORDIC SKI LEAGUE **DISTANCE CHAMPIONSHIPS**

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High School and Middle School State Distance Championships February 11 – 12, 2023 | Cable, WI

WISCONSINXCSKI.ORG

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WELCOME



Skiers, coaches and families,

Welcome to the 2023 Wisconsin Nordic Ski League State Championship. The league is excited to be able to host a competition showcasing the greatest middle and high school skiers from around the state as well as providing opportunities for those developing athletes to experience the support and camaraderie of the skiing community.

Good luck as you test yourself this weekend and strive to reach your goals after a season of hard work.

Best of Luck, Ben Popp President, WNSL

WNSL MISSION

Development & Promotion of Nordic Skiing Opportunities for Wisconsin Youth & Junior Skiers.

LEAGUE OFFICERS

Ben Popp – President Andrew Johnson – Vice President Jasmine Wiley – Secretary Tamara Bryant – Treasurer

SCHEDULE OF EVENTS

Weather conditions may dictate schedule changes.

Wednesday, February 8

7:30 pm – Coaches Meeting via Zoom

Friday, February 10

Location: Birkie Start Area

- Noon 4:30 PM Course opens for race inspection and practice
- 2:00 4:30 pm Bib Pickup (Near Great Hall at the Birkie Start Area)

Saturday, February 11

Location: Birkie Start Area

- 7:30 AM Course Open for Warm-up
- 8:00 AM Late Bib Pick-up Open
- 9:45 AM Course Closes
- 10:00 AM HS Boys Freestyle Race
- 11:00 AM HS Girls Freestyle Race
- 12:15 AM Course Open
- 12:15 PM High School Awards (outside in front of Great Hall)
- 12:45 PM MS Boys Freestyle Race
- 1:30 PM MS Girls Freestyle Race
- 2:30 PM Middle School Áwards
- (outside in front of Great Hall)
 2:30 PM Course Open (closes at 5PM)

Races on Saturday will use an interval start with one skier released every 15 seconds for both High School and Middle School races.

Sunday, February 12

Location: Birkie Start Area

- 6:30 AM Course Opens for Warm-up
- 8:45 AM Course Closes
- 9:00 AM MS Boys Classic
- 10:00 AM MS Girls Classic
- 10:45 AM Course Open
- 11:00 AM Middle School Awards
- 11:30 AM HS Boys Classic
- 12:30 PM HS Girls Classic
- 1:30 PM High School Awards

Races on Sunday will use a pursuit start using the finish order and times from Saturday to determine the start order and time.

2023 WNSL State Championship Prediction

Ken Schoville

BAM! POW! SHAZAM! Like the sharp twist of an action movie plot, the Wisconsin Nordic High School League coaches have reshaped the championship predictions. At the spring meeting of 2022 they voted to combine the points awarded at the sprint championship, currently in Middleton, with the pursuit distance places at the Birkie Start in Cable, effectively smashing my antique crystal ball to smithereens.

This historic and unprecedented action will have far reaching ramifications. First, a heck of a lot more kids and teams will be showing up in Middleton. If you want to play the game in Cable and have a chance of placing, for both teams and individuals, the first step is sprinting. Current entries show 280 skiers versus 130 last year.

In some ways, the individual calculations are pretty straightforward. Win the individual sprint title in Madison, head north next weekend, win the distance pursuit, Voilà: State Champion, The Grand Poobah, the Sultan of Skiing, Wisconsin High School Nordic style. Further down the line, closer to reality, points become important.

Using the World Cup points system, 1st=30 points, 2nd=29 pts, 3rd=29 pts, down to 30th place. This works well for the individuals as the Pursuit portion is really two races in one and thus the points in Cable will double: 1st=60 pts, 2nd=58 pts, etc., down to 30th=2 pts, and that's with individuals and guest class eliminated.

As far as teams, hang in there with me here. At the sprints, classic team sprints are on Saturday. Each state team can enter up to three teams for Boys, Girls, and Mixed classes, however only the top two from each team can count toward points total. Here the points are 1st=45 pts, 2nd=43pts, down to 21st=1pt. Mixed relay scoring numbers are 1st=87, 2nd=85, down to 20th=49.

Right....got it.

And not to confuse the linear flow of thought, but the sprints on Sunday will be individual freestyle, with team points added in at the end that will be familiar to some where the top three individual place scores will be added together.

If you want more details, being that sort of person, check out the WNSL Rules of Competition for an entertaining read.

Of course the drama doesn't end in math class, history is also exciting, and among the potential pile of individual contenders two jump out, Casey VanHefty, Lakeland, for the boys and Fran Peterson, Chippewa Valley Nordic for the girls. As last year's champions, the obvious choices, now favored heavily as both won at the Middleton individual sprints. Van Hefty also won the team relay title with ski buddy Leo Rotar for the weekend leading up to the distance races at Cable.

Strong, healthy, peaking, what could possibly go wrong? A herd of thundering skis in the rear view mirror comes to mind.

The sprint weekend, aside from Fran and Casey's pleasing results, yielded motivation for the Cable affair. Those relegated to chasing bibs in Middleton are looking for revenge in a longer 7.1k deal amidst the Birkie terrain. Sprint days require four times full out around a course ranging from 1-1.5k, somewhat like running 800m to 1500m in track as far as a time/energy expenditure, four times in a day's competition. Many skiers with a preponderance of slow twitch muscles but proper conditioning will be thinking, "My turn!" So let the fun begin.

One skier turning heads this year is Ben Dohlby, Peak. He's beaten Van Hefty a number of times in both skate and classic techniques, which will be the Saturday individual starts and Sunday pursuit style this year. For a skier seventh at state last year, quite a jump. This could be interesting. His teammate, Easton Tolbert, is close behind and also could make a run at the top ten and perhaps podium.

Other names that quickly come to mind are a pair from Ashwaubenon Nordic Ski Team; Joe Stumpf and Noah Jahnke. Both have had a whack at Van Hefty this season and come out on top here and there.

The Iola Winter Sports Club has a clone machine of tall, thin, lanky boys. The numbers keep building and they're due for some top places soon with the likes of Charlie Vater and Bode Erickson. Waiting in the wings, ready to pop a good one, are Ian Anderson, Huba Bodar-Gasztony, and Cole Anderson. Plenty of firepower there.

Another boy's team looking fantastic in their self designed new teamuni's are Aiden Ecker, Jack Dahlbey and Kristian Hudacek; podium possibilities.

So for the boy's individual title I'm calling Casey Van Hefty as he seems to have it all together for both sprints and distance, and is a well rounded skier in both techniques. Chasing him for places will be any of the above mentioned names, plus Dietrich Mattison, Blackhawk. The girls will have their hands full with Fran Peterson and my bet's on her. Just like Casey, she can handle most anything and with a state title under her belt is not likely to give up places easily. Skiing hard is her teammate Mady Rosenberger, fourth in the individual sprints and training with a teammate like Fran, she'd like nothing more than to share podium hugs and smiles as seniors.

Over at Lakeland, Grace Kern, and skiing sisters Sylvia and Stella Meza are flying high from the sprint title last weekend. A team threat for sure in the distance race.

Not too far back in the points Wausau Nordic United has three girls who have flown under the radar, but are starting to turn heads. The trio of Eleanor Bennett, Tori Meyers, and Margaret Bennett came in second at the Middleton sprints, edging out the likes of perennial girl's powerhouse, Peak, and the girls from Iola Winter Sports Club, Josephine Kwazny, Greta Dickman, and Margaret Friese. Impressive!

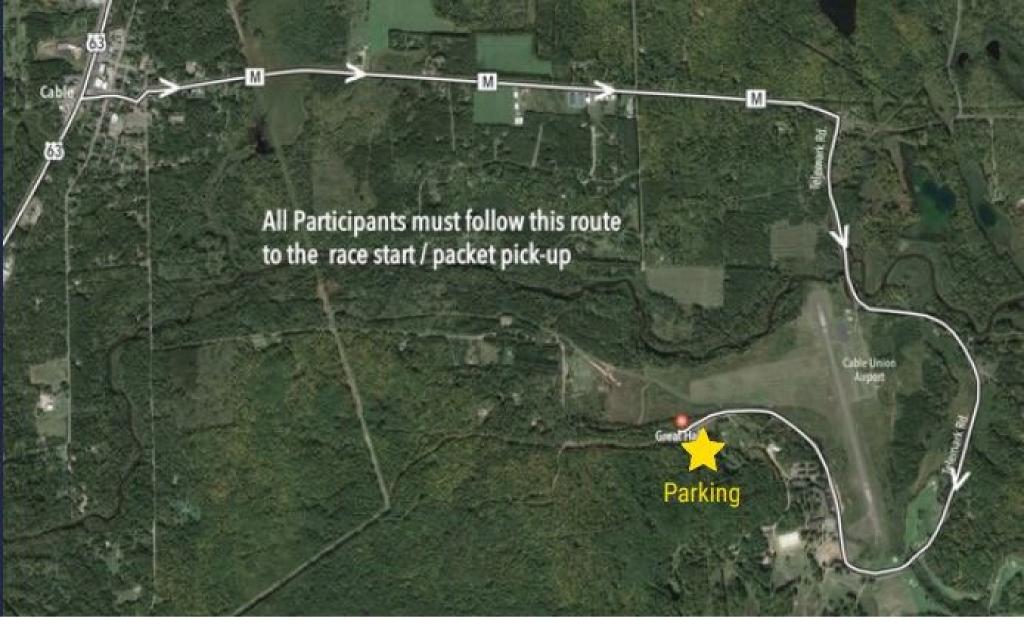
The girl's top three after Peterson is wide open. Peak has Anne Straka and Krin Blegen, the Iola girls, ANST with Lilly Franzen, Lauren Carlton, all ready to go. Sophie Stevenson, Blackhawk comes to mind, along with Lakeland's three some. Any of them could have a good weekend and show off their powers, but what of the numbers? I need a new computer and a grandchild to help me out on this one.

I need to mention the incoming class, in a year or two. This is a high school championship, but differs from many sports as we include a middle school class. While they are not a part of the changes mentioned with a combination of sprints and distance results, I think they are still worth mentioning as they are the wave of the future. No high school without a middle school. No middle school without an elementary. Each level should be recognized and reinforced locally. It's the only way we grow sustainably, and that includes the coaches.

And speaking of unsung heroes, team managers are unheralded and under appreciated. They take on the responsibility of herding sheep, feeding the flock, managing accommodations, family needs, and team drama. God bless them.

Finally a historic touch, my minor, and dear to my heart, if not my memory. Checking various documents and records, it appears that a "three peat" champion is a rare commodity in the state. Do your own research, but checking back I see a fair number of two time state champions, boys and girls. Three peat? Not so much.

Among the girls, Heather Ashby/Higgens,(Lakeland) 1990,1992,1993, and Aniya Dietz ("The Aniyalator") Fifield, 1997-1999. For the boys, Simon Shepard, River Falls, 1983-85, a mere forty or so years ago. This year? We'll see. Drama, math, and history all coinciding in Cable, February 11-12, 2023. Be there or be square.



Course/Venue Information

PLEASE BE SURE TO ACCESS THE VENUE VIA TELEMARK RD AND NOT MCNAUGHT

The 2023 State meet courses start in the Birkie Stadium. Skiers for both days, Middle School and High School, will enter the course by walking past the Timing/Warming Hut and proceed through to the Start area or tracks headed south towards the Birkie Skate Trail. The race course proceeds from the start up to the left hand turn onto Snowmaker, climbs onto the old Korteloppet trail which climbs up to "The Rock" at 1 kilometer.

Skiers then take a sharp right hand turn and descend on the Birkie Classic trail, reverse of normal flow, and then left onto the Birkie Skate trail. This continues past the 2k mark until it meets with the section of the World Cup Trail that we've previously skied in the opposite direction. A hard left at that point takes you 600 meters back to "The Rock" and just past the 3k marker.

A right hand turn at The Rock takes you onto the Birkie Classic Trail, reverse direction from what we've skied past years. This continues back to the Birkie Skate Trail for a very brief section before another left hand turn feeds skiers onto The Birkie Roller at around the 4K mark.

This trail will essentially lead us past 5 and 6 kilometers coming back into the competition stadium

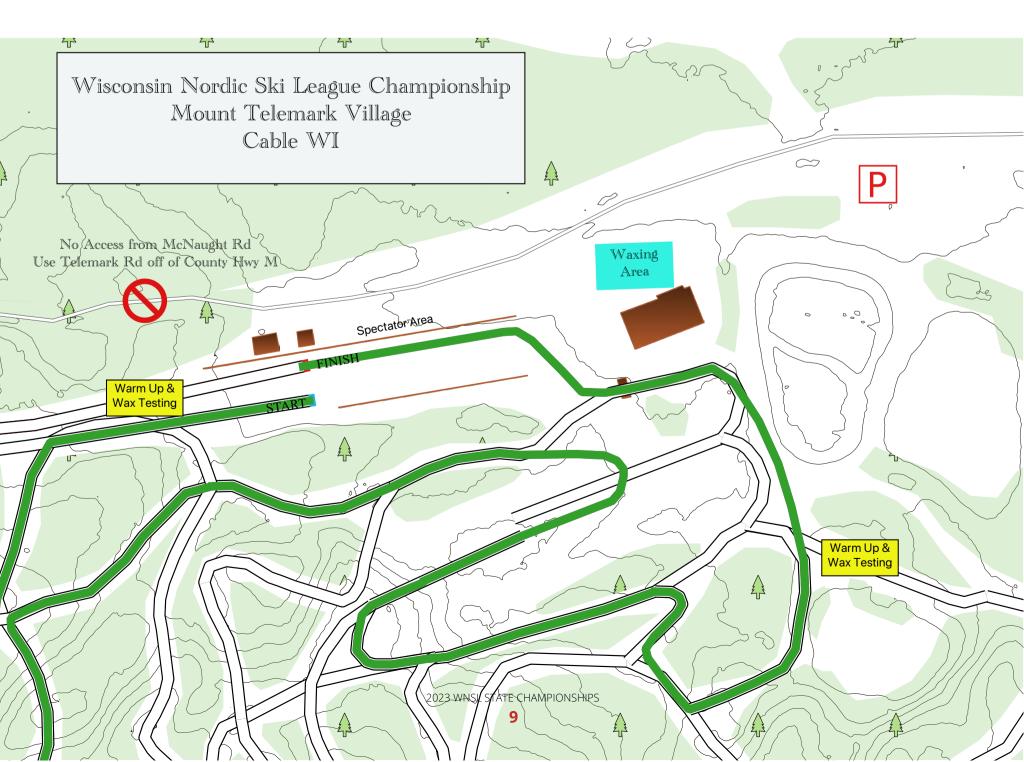
and then up a final ascent of the new stadium climb and around the Pond Loop for a total distance of 7.1 kilometers. Skiers will enter the Birkie stadium by going over the tunnel, a swooping right hand turn, and another gentle left hand turn to lead them on to the finish straight away as we have in the past.

Warmups will be conducted on the Birkie Skate Trail behind the finish area and extend to where the Birkie Classic and Skate trails separate. Also groomed and open for testing and warmups will be the trails to the east of the Great Hall, climbing up to Telemark Condo Rd.

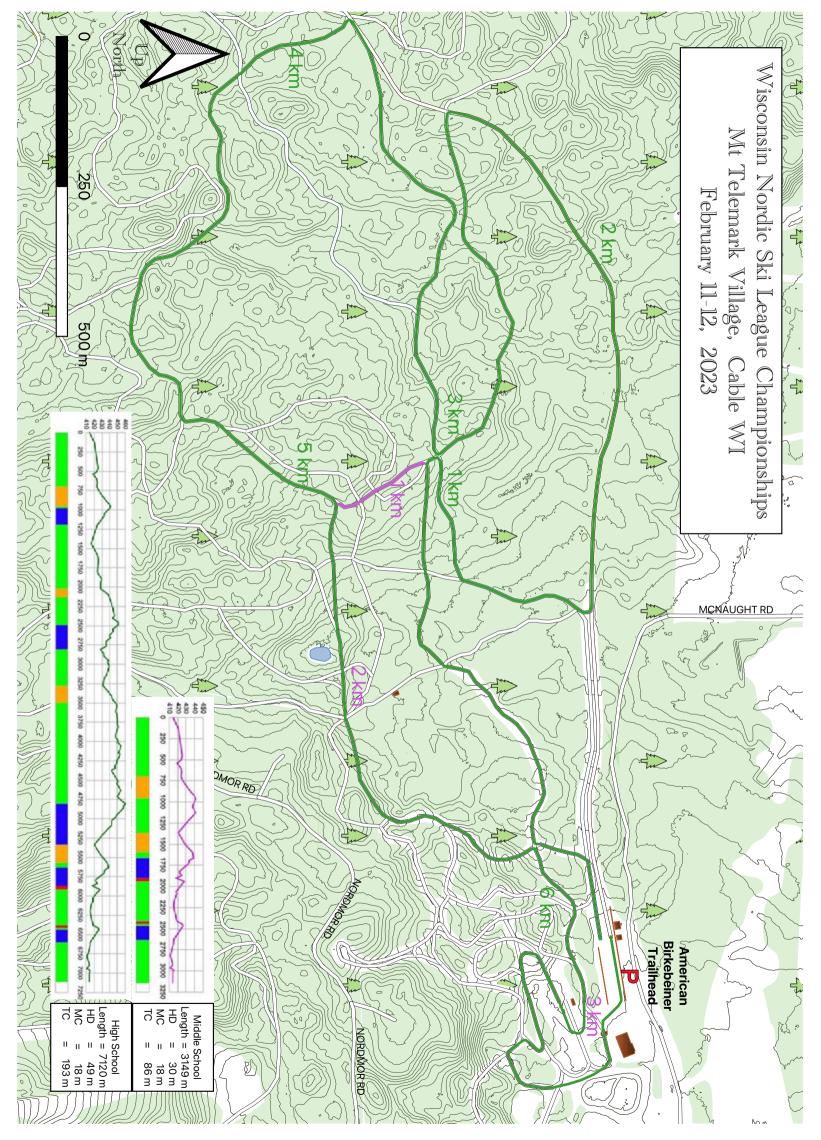
Middle School Course Description

The Middle School course and high school course are the same up to "The Rock". At that point MS will turn left for a short way and then rejoin the HS course onto the Birkie Roller where they will ski for the remainder of their course on the HS course entering the finish stadium as the high school course described for a total of 3k.

VENUE MAP



COURSE MAP



2023 Coach of the Year Dale Fanney

Dale Fanney has been coaching Nordic skiing since 2003, first with the middle school program at MadNorSki and then started the program in Lodi in 2005. His daughters were on the Madison team and they were interested in starting their own team with friends closer to home. His goal was to create a ski culture in Lodi with HS and MS teams that practiced after school on their own xc trails at relatively low cost. At the time, Lodi had no ski families, no Birkie skiers, no ski trails, no coaches, no money or equipment and no community awareness of what Nordic skiing was. In Dale's first year they had 14 skiers, the next year 35! They built a 3k trail at the golf course which is now 7.5k. They groomed with a Polaris 500 and box springs and hog fencing, now have a dedicated Ginzu grooming and Skandic sleds. They also built a warming shed on wheels, but last year built a garage and warming shelter. Dale's kids skied on donated equipment and given their blue collar status, they still provide ski equipment to about 80% of their skiers with registration. They started a Youth Ski program on 2007 and now have 61 kids using waxless classical skis that they keep all winter at a cost of \$60 for the winter.

About 6-7 years ago, Dale organized a South Conference Fall Meeting that he has been chairing. As a result of his leadership, the Southern Conf. is ahead of the curve when it comes to organization within the WSNL. Over the years, Dale has organized low-cost races and provides his own timing, such as the Season Opener at ABR in early December and the Lodi Invitational in mid-December. These races have been very successful and have served as a model around the State. Dale began skiing at McGill University in 1970. He skied his first Birkie in 1986, has participated in 9 Worldloppet races and 5 Masters World Cups. Dale retired from full-time Family Medicine in 2018. He reflects, "How in the world I ever coached while practicing medicine is beyond me. I feel that we have been successful in establishing a Nordic culture in the Lodi, Waunakee, Deforest, Baraboo area where there was none before. Although we have not produced many Top 10 finishers at State or had many Team podium finishes, we have graduated about 400 skiers, most of whom continue to ski. Some have started collegiate xc clubs. Probably over 250 skiers and parents have participated in the Birkie and Korteloppet over 17 years."

WNSL COACHES' HALL OF FAME: WISCONSINXCSKI.ORG/ABOUT/HALL-OF-FAME/

Lifetime Achievement Award John Burke

Most people when they think "lifetime" have a cradle to grave definition in mind. The Wisconsin Nordic Development Group offers our award to a person still with us who has accomplished in a few decades what many would take a full lifetime to achieve; John Burke.

Our sport is still relatively young compared to others in our state. 42 years ago, at the first state meet, skis, waxes, techniques, and timing were all primitive compared to what we have today. In particular, timing was a handheld affair with a few clipboards and handwritten results that eventually were transcribed into a typed form.



Mass starts were common, easy to time and would have a running order that could be easily posted and visible for

athletes, parents, and coaches as skiers crossed the line. Interval starts? Pursuits? A different beast with calculations error prone and long wait times post race annoying and frustrating. Sprints? Not yet on the horizon.

The rise of the computer changed the timing of our sport dramatically and John Burke, Performance Timing, has been a key component of making those adaptations effective and user friendly.

Today team rosters are handled electronically. Race waiver and entries all via the computer/ internet. Registration rosters, start lists, seeding of races, randomized groups within the seeds, bib assigning, day of race scheduling, and of course results, instantly appearing on the web are taken for granted. John has worked now for decades to make those transitions effective and to educate coaches and team managers how to incorporate those new technologies into action.

Years ago, like many of us, John and his wife, Beth, stumbled onto the sport of cross country skiing. Travels to other states on behalf of insurance work caused breaks in continuity, but back in Wausau, Wisconsin, their talents and drive led to the organization of their timing services and the timing of one of Wisconsin's oldest citizens races, the Snekkevik Classic in 2007.

Along the way, John was the Race Director at one of the last club organized high school championships as Wausau hosted the state meet in Wausau in 2010-11, in addition to expanding his timing business into track, cross country running, biking, snowshoeing, and community events needing his services.

Also, as part of his ongoing desire to serve and impact our sport, he has served as President of the Wausau Nordic Ski Club, one of the founding clubs statewide.

The Wisconsin Nordic Development Group evolved from a concept in John's office to the 10 year run it has had organizing and running the state meet. John has been instrumental in the ongoing monthly meetings of the group, originally held in his living room. Job descriptions have become more pronounced among the ten volunteers, but John has continued as the treasurer and chief of not only timing, but also communication and structural organization. He wears many hats well.

John's skill and commitment to running a "class act" goes beyond any contract or business relationship; cross country skiing, especially at the high school and middle school level is his passion having earlier had his own daughters skiing and living through the excitement of that phase of life.

The sport continues to evolve as Covid led to the advent of the Zoom meetings for coaches, volunteers, and organizers. Today, John is there with the links, the Power Points, the maps, graphs, charts, timelines, spreadsheets, and visuals. A vital component of skillful professionalism that makes the meetings flow smoothly.

Wisconsin Nordic skiing is changing again as this is the second year of transition as the Wisconsin Nordic Ski League of coach representatives take control of the championship and use the funds to decide the best path for the future of our sport. John has taken on a new responsibility as Chief of Timing of both the sprint and distance weekends and a new method of crowning both individuals and teams is tried for this, the first year. John will work between timers and his points calculations to ensure champions are crowned at the end of the traditional pursuit, blending both weekends results together as we aim for the final awards of the season.

It's interesting where life's pathway will take you. With John and Beth Burke, and on behalf of all of us who love the sport, we're so glad and fortunate our paths crossed. Here's to many more years.

WNSL COACHES' HALL OF FAME: WISCONSINXCSKI.ORG/ABOUT/HALL-OF-FAME/

NORTHERN CONFERENCE TEAMS

4-H CANSKI Middle School

High School CANSKI

Chippewa Valley Nordic Ski Team

Hayward Hurricanes Nordic Ski Team

Lakeland Nordic Ski Team

Spooner Nordic Ski Team

Drummond Nordic Ski Team

Rhinelander High School Nordic

Blue Collar Nordic

4-H CANSKI MIDDLE SCHOOL

ABOUT

The mission of 4H-CANSKI is to promote fun, fitness, safety and excellence in the lifelong sport of cross country skiing. 4H-CANSKI provides ongoing instruction, social opportunities and leadership development for skiers of all levels. We will emphasize technique, conditioning, safety and provide leadership opportunities all in a fun filled atmosphere in the great outdoors.



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HIGH SCHOOL CANSKI (CHEQUAMEGON AREA NORDIC SKI)



Left to right: Nick Pully, Stasz Kaszuba, Tommy Blong, Colin Hinson, Nile Merton, Beth Reed

ABOUT

We are a co-op team between Washburn and Ashland High Schools. We began as a club team through 4-H and then were added as Varsity High School sports in 2019. We welcome skiers of all abilities and experience and emphasize volunteering with Elementary through Middle School skiers and in our local ski community. Our mission is to promote fun, fitness, excellence and safety in the lifelong sport of Nordic skiing.

COACHES

Beth Reed Washburn School District breed@washburn.k12.wi.us 715-371-0812

Nile Merton cheqbayrestoration@gmail.com

2023 WNSL STATE CHAMPIONSHIPS

CHIPPEWA VALLEY NORDIC SKI TEAM



ABOUT

Chippewa Valley Nordic Ski Team (CVN) is a Cross Country ski club for middle and high school students from the Chippewa Valley / Eau Claire area interested in cross country ski racing as part of a competitive team. CVN is a club program, self-governed and funded, and while not associated with any area school, we welcome skiers from any area schools that can practice with our team.

The team evolved from the youth Kickin' Kids Learn to Ski program held Mondays during the winter at Tower Ridge ski area since the early 1990's. The primary age group for the Kickin' Kids youth program is ages 5-12, with over 180 participating skiers. CVN started back in about 2006 to provide an organized option for skiers older then the Kickin' Kids program, and has gradually grown ever since to about 60 HS and MS skiers. A unique aspect of CVN is that we have a number of Eau Claire Flying Eagle ski jumpers on our team that practice and race with us to prepare for Nordic Combined competitions. We are a charter group connected to the Eau Claire Ski Striders, a local cross country ski club. CVN provides volunteer coaching support at practices and races, some race waxing support as well as supplementing race registration fees for the skiers.

Mission Statement: to provide an opportunity for middle and high school age students to learn, train, compete, and have fun cross country skiing. The focus is on improving technique and training for competition in the Wisconsin Nordic Ski League and regional ski races.

HAYWARD HURRICANES NORDIC SKI TEAM

ABOUT

The Hayward Hurricanes Nordic Ski Team boasts over 35 years of commitment to Nordic skiing that began as a club team under the guidance of Steve Morales, founder of the New Moon Bike and Ski Shop. Currently, the Hayward Hurricane Nordic Ski Team is a school-based high school and middle school Nordic program based within the Hayward Community Schools Athletic Department.

The high school program is open to all area high school students; although no skiing experience is necessary, this is a competitive varsity cross-country skiing program. The team will travel to snow for early season training, and will travel throughout the Midwest for competitions, culminating at the Wisconsin State Distance and Sprint Championships. The team will consist of three groups: Varsity, Junior Varsity, and a C-Team. The Hayward Middle School program is open to all area 6th, 7th, & 8th grade students. No skiing experience is necessary to join. This program offers the opportunity to experience and compete at races. The MS team is divided into three skiing level groups, to better promote Nordic skill development.

Mission Statement: to provide a fun, safe, and challenging environment for athletes of all abilities to strive for racing excellence.

Team Goals: to develop a passion for the sport of Nordic skiing, to develop fitness in a team atmosphere, to foster a spirit of pride, unity, and respect, and to promote skiing in our school, community, and state.

Hayward Nordic Kids Mission Statement: to promote the sport of cross country skiing by providing a fun and organized teaching program for all area youth. We encourage children, ages 3-14, to develop skills in cross country skiing in a non-competitive atmosphere.

COACHES

Darrell Morse Head Coach dmorse@hayward.k12.wi.us

LAKELAND NORDIC SKI TEAM



Elementary Team

Middle School Team

High School Team

ABOUT

The Lakeland Nordic Ski Team was started in 1980 with the intent of bringing high school skiers along to citizen races and starting them out in the sport. It was aligned with the adult oriented Lakeland Ski Club and traveled to races in the Northern Wisconsin area. Eventually those young skiers decided to try their skiing at a higher level and began competing in Michigan and Minnesota in the hopes of making the Midwest/Central Junior National Team. Within two years, the team had become a part of the Lakeland High School and was accepted as a club team, while still supported by the ski club, and in 1982 Lakeland hosted the first ever Wisconsin High School X-C Race, Saturday, January 10, 1982 at Minocqua Winter Park. The girls won and the boys placed second on a weather shortened course with -19 at race start and high winds.

Today the club continues to operate as a school sponsored club that functions like a varsity sport. Schedules are set by the head coach, who is hired and approved by the volunteer governing board, grades and customary paperwork are monitored by the school, uniforms are paid for through club fund raisers, athletes are excused from school as per other sports, vans for travel and insurance are paid for by the district, while entry fees, coaching salaries, wax, and travel expenses are absorbed by the club through a combination of athlete fees and fund raising efforts. The club has expanded to include elementary from fourth grade into the Middle School years and usually has about 50 members in the three areas with a number of coaches, both paid and volunteer that support at each level. The goals of the team include friendship, fun, and skiing fast!

COACHES

Erich Kern High School Head Coach kern_erich@yahoo.com

Christel Kern Middle School Head Coach christel.kern@gmail.com

Heather Van Hefty Ski Team Manager heathervh@frontier.com

High School Assistant Coaches: Jon Hagen, Tom Shockley, Jake Van Hefty

Middle School Assistant Coaches: Zeke Fashingbauer

> Elementary Coach Sara Kuehler

SPOONER NORDIC SKI TEAM



ABOUT

Spooner Middle/High School Ski Team is a club based team with support from the Spooner School District. The team has a variety of programs to accommodate beginners to motivated athletes wanting to win the state meet Fortunate to have 7 km of ski trails on the school property, along with a dedicated ski room, daily training is logistically easy with no bus travel or transport needed. The team is active in helping maintain the trails and often hosts 2-3 ski races a year as part of the league schedule.

ROSTEF	2
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Arianna Frederickson	7
Brooke Asleson	10
Cade Hamilton	5
Charles Smith	8
Clare Paulson	9
Daniel Rongner	9
David Solveson	9
Donavin Emerson	7
Elizabeth Barrett	7
Garret LaRue	11
Grant Popp	11
Jaeden Asleson	7

Joe Eichten	7
Kurt Riedell	7
Liam Russell	7
Lily Paulson	7
Luke Popp	11
Miles Temple	7
Natalie Eichten	5
Nathan Whitmore	9
Rees Whitmore	6
Reid Hagen	8
Simon Hedlund	9
Soren Karl	7

Theo Kohl
Trenton Gullickson
Zachary Fleishauer
Zander Walt

COACHES

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9	
9	Megan Popp
	meganmpopp@gmail.com
	715-558-8355

RHINELANDER HIGH SCHOOL NORDIC



Rhinelander HS L to R: Front Row – Callie Threlkeld, Luna Grage; Middle Row – Assistant Coach Emily Krulc, Iain Rumney, Evelyn Simonsen, Maria Hubler, Brynn Teter, Liana Teter;

Back Row – Assistant Coach Jason Lowry, Charlie Loomis, Gavin Hackbarth, Travis White, Olivia Gillen, Anna Wood, Hannah Rumney, Emma Mankus, Head Coach Charil Reis. Missing: Juliana Smith. Rhinelander MS

L to R front row: Head Coach Dave Slette, Noelle Mayo, Kali Skubal, Austen Slette, Aaron Calhoun, Douglas Hartman, Kayla Skubal, Samuel Loomis

L to R back row – Coach Shane Teter, Lucy Eddy, Mya Gillen, Violet Biolo, Olin Slette, Oceana Patulski, Calvin Loomis, Jonathan Calhoun, Coach John Gillen

ABOUT

We are a club-sponsored team that has seen its numbers grow in recent years to a high of 30 skiers. Based in Rhinelander, the Hodags have a handful of trail systems to train on, including the newly homologated course at C.A.V.O.C., as well as the Northwood Golf Course and Washburn Silent Sports Area. The team has some support from the Rhinelander School District as well.

COACHES

Dave Slette Program Head Coach

Assistant Coaches Emily Krulc, John Gillen, Shane Teter

BLUE COLLAR NORDIC



Mason Shinners, Ryan Morien

CENTRAL CONFERENCE TEAMS

Bay Nordic

Wausau Night Gliders

Iola Winter Sports Club

Wausau Nordic United

Ashwaubenon Nordic Ski Team

BAY NORDIC



Bay Nordic HS team 1st row Left to Right: Carly Sample, Claire Brunette, Ella Krueger, Emma Dornbush, Gracie VerBoomen, Charley Bigler, Shae Richards, Coach Jasmine Wiley

2nd row Left to Right: Beckett Chambers, Paul Grasse, Oliver Hudson, Lachlan Chambers, Hunter Kobylarczyk, Franklin Richards, David Whipp, Coach Mark Chambers

Not pictured: Andrew Murphy, Caleb Murphy, Chloe Koller, Nicholas Pufall **Bay Nordic MS team** 1st row Left to Right: Anna Sample, Emily Derenne, Johanna Brunette, Dominic Knapp, Matthew Derenne, Julia Gutowski, Sawyer Hansen, Zeeten Truax, Brody Hansen Coach Nick Reckinger

2nd row Left to Right: Coach Kelly Brunette, Ashley Derenne, Kate Reckinger, Onika Colassacco, Ellie Spice, Julia Whipp, Rheya Gala, Isaac Zarda, Alek Green-Belongia, Charlie Popkey, Coach Kory Derenne

3rd row Left to Right: Coach Rob Page, Lillian Emmers, Gabe Hansen, Andrew Green-Belongia, Wally Lulloff, Connor Reckinger, Evelyn Sample, James Derenne, Edward Lagowski, Ella Nowak, Coach Dave Hess

> Not pictured: Thomas Grasse, David Grasse, Ellie Murphy, Addison Stiles

ABOUT

Bay Nordic began in 2009 as a youth program, and expanded in 2013 to include a High School and Middle School component, along with and a Masters/Family program. Our club offers opportunities for families and individuals, age of 3 and up, to learn and enjoy Nordic skiing. The Bay Nordic mission is to support the collective interests of the Northeast Wisconsin ski community by emphasizing an active lifestyle for youth, families, and individuals through Nordic skiing within the community.

Our high school and middle school program serves students in grades 5-12; skiers of all abilities are welcome to participate, includes individuals from beginners seeking a new adventure to those competing for podium positions. The team offers yearround programming and rental equipment; the objective is to foster a positive training environment for athletes who wish to compete in Nordic skiing and develop core values of life-long fitness habits.

WAUSAU NIGHT GLIDERS



Front Row: Michael Hanson, Owen Eisele, William Jahns, Ingrid Bennett, Lena Zielinski 2nd Row: Emma Brittenham, Cade Jensen, Matthew Rodziewicz, Lily Schaefer, Jimmy Peck, Warren Robinson 3rd Row: Emily Jahns, Elsa Oestreich, Eva Rose French, Ethan Hynes, Anja Oestreich, Emmett French Back Row: Alex Hanson, Coach Josh Zielinski, Coach Josh Sturm, Head Coach Jon Oestreich

ABOUT

Skiing is a metaphor for life...you can ski from cradle to grave. The goal of the Wausau Night Gliders is to instill the love of skiing and develop modern efficient ski movements for a lifetime of skiing.

Skiers are multiple sport athletes. Many use cross-country skiing as a primary form of crosstraining in the winter for another primary sport. Other sports current Night Gliders participate in during the off-season include: ballet, basketball, dance, cross country running, hiking, lacrosse, mountain & road biking, soccer, swimming, track and field. Regardless of why you Nordic ski, cross country skiing provides a way to live and enjoy a healthy active outdoor lifestyle.

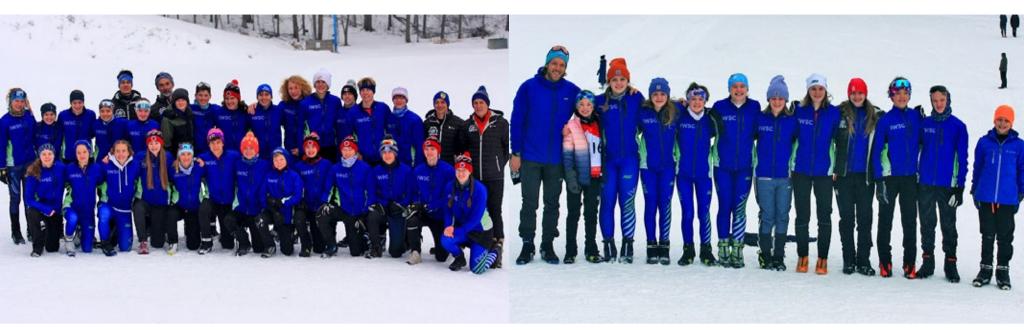
COACHES

Head Coach Jon Oestreich

Assistant Coaches Mike Cavenaugh Josh Sturm Josh Zielinski Bill Bowler, Sr.

> Manager Rachel Kresse

IOLA WINTER SPORTS CLUB



High School Team

Middle School Team

ABOUT

Nordic skiing in Iola has a history that goes back to 1910 when the first ski jumping competition was held there. The present day site of the Iola Winter Sports Club (IWSC) was established in 1959. Today there are 11 miles of cross country ski trails with 4 miles of lit trails, making it the largest lit trail network in the lower 48 states. The IWSC has ski jumps ranging from 5 to 60 meters and hosts jumping and Nordic Combined competitions. The IWSC Ski Team is now in its 21st year. The IWSC Ski Team is a club organization that draws skiers from five local school districts some of which offer Nordic Skiing as a club level varsity sport.

COACHES

Jake Barnes trim@wi-net.com

Kristin Barnes kristinbbarnes@yahoo.com

> Todd Williams toddjen@charter.net

Middle School Girls

Ivy Dickman Lyla James Violet Krenz Adeline Linzmeier Megan Yang

Middle School Boys Sandor Cibaric Cooper Erickson Zach Hinchcliffe Ben Hopp

Dash Kvatek Oliver Peterson Aiden Winn Carson Wood

High School Girls

Meta Cibaric Greta Dickman Edith Franzen Margaret Friese Josie Kwasny Anna Meilhan Ella Miller Jenn Omernik Josie Reeve Tara Thompson Rae Willison

High School Boys

Cole Anderson Ian Anderson Huba Bodor-Gosztony Eric Boettcher Bode Erickson Aloysius Franzen Samuel Groeschl Oliver Hylla Odin Kubish Logan Stout Brett Strohbusch Charlie Vader Owen Williams

2023 WNSL STATE CHAMPIONSHIPS

ROSTER

WAUSAU NORDIC UNITED



Front Row – Left to right- Coach Stephen Koch, Malana Hanson, Tori Myers, Rowan Ballard, Margaret Bennett, Kendra Ohde, Dakota Myers Back Row – Head Coach Ernie Luedke, Eleanor Bennett, Lucy Wright, Nick Johnkoski, Jack Lackman

ASHWAUBENON NORDIC SKI TEAM

ABOUT

Founded in 1998, the school-based Ashwaubenon Nordic Ski Team (ANST) attracts skiers from several area middle and high schools. ANST develops skiers from scratch by building technique and a spirit of adventure with roller skis before moving to the Brown County Reforestation Camp for on-snow practice. Skiers learn and train in both skate and classic equally.

Year round training for advanced skiers includes strength training and ever changing agility courses. ANST has made good use of CXC's roller ski treadmill and camera set up also. Athletes achieve strong endurance by training with a coach who trains alongside them and gauges their readiness to step up.

The club's goal is to pursue excellence in skills, fitness and character. The racing program gives student-athletes support and opportunities to compete at the state and national level. Coach-athlete-parent meetings keep expectations in alignment.

The team is self-funded through dues and two community events — the Reforestation Ramble, a mountain bike event, and the Stump Farm Trail Races, which feature foot and bike races. The dedication of the volunteer families enables the team to keep dues low and provide equipment, wax, and race entries without additional cost.

Head Coach is Scott Putman. Middle school coaches are Brian Swanson and Evan Haas. Bernie Rocheleau is the development coach.

The Ashwaubenon wax truck is an essential piece of ski preparation and enables coaches and parents to match ski prep to fast changing conditions.

Parent involvement keep us planning ahead and sticking to the plan for skier travel, racing and volunteering.

SOUTHERN CONFERENCE TEAMS

Peak Nordic Ski Club

Ice Age Nordic

Northern Kettle Moraine Nordic

Madison Nordic Ski Team

Blackhawk Nordic Ski Team

PEAK NORDIC SKI CLUB



ROSTER

High School Team

Middle School Team

ABOUT

Peak Nordic Ski Club was formed in 2008 and our "home base" is Lapham Peak State Park, which is part of the Kettle Moraine State Forest, in Delafield, Wisconsin. We offer three programs for youth skiers. The Kids program is all about "learning by playing." The Middle School team is a transitional group where racing is introduced. The High School team has a focus on competitive racing. The #1 priority for all of the programs is to have fun on skis and enjoy winter! Our skiers come together from schools all over SE Wisconsin.

COACHES

Mary Eloranta High School

Sam Edwards Middle School

> Roy Nilsen Kids

High School Roster

Krin Blegen Nathan Burke Genavive Chapman Sammi Cousland **Cassity DeChenne** Ben Dohlby Eleri Edwards **Riley Grossklaus** Hellena Hacker Ella Hansen Sophie Honl Sophia Jedlewska Elinor Kandziora Eva Koos Syd Loehrl Alaina Martin Cole Mirek

Lea Moe Ro Nakigani Connor Price Colin Routhieaux Caleb Seay Wylie Simonen Anne Straka Cole Taggett Easton Tolbert Michael Wawrzyn Peter Wilkinson

Middle School Roster Audrey Almquist

Drew Bement Maxwell Beneker Ash Bisog Lyv Blegen Hailey Cousland Christopher DeMarais Isabella Dretzka Luna Edwards Alina Fadel Cody Fisher William Fisher **Ouinn Fulton** Ari Ganju Audriana Grimord Liam Grimord Garyn Hotz Xander Hotz Sam Kandziora Evan Lange Nathan Malehorn lan Matson Chase Mirek

Maya Nakigane Ty Ouradnik Adler Poehls Elsa Poehls Japhy Poehls **Talson Poehls** Gus Roche **Evelyn Rogers** Westley Rogers Taylor Safranski Emma Schmid Nora Schmid Landon Sciborski Kane Straka Liam Toft **Boden Warner**

ICE AGE NORDIC



ABOUT

The Ice Age Nordic ski program serves the Lodi, Waunakee and Deforest area and provides an instructive and competitive program for middle school and high school students. Our team is a member of the Wisconsin Nordic Ski League and belongs to the South Conference with Peak Nordic, North Kettle Moraine, Madison Nordic, and Blackhawk Nordic. This year we hope to have about 6 HS boys and 15 HS girls, as well as about 15 MS skiers.

Ice Age Nordic is a Club Team. The Ice Age Nordic Ski Club is a 501c3 organization. It accepts funds from private donations, LACE, ABSF, and fundraisers.

COACHES

Dale Fanney M.D.

Don Fariss

Joe Bainbridge

Dan Heider

Todd Niles Nathan Ducat Nolan Feasel Sam Clipper Troy Niles Norah Lee Amelia Heider

ROSTER

Emily White Phoenix Peterson Malia Niles Jordyn Jarvi Anna Englebert Warren Ambord Jenna Bakker Audrey Bakker Carla Schwitters Alexi Walker Marin Walker Jessica Bugielski Madalyn Pence Jonah Braden

NORTHERN KETTLE MORAINE NORDIC



Mike Barry

Assistant Coach

Brian Henriksen

Assistant Coach

Paul Reinemann

Assistant Coach, Asst. Waxing Coach

Alumni Assistant Coaches:

Connor Bruckner

Hunter Moore

ABOUT

Founded in 2004, the Northern Kettle Moraine Nordic Ski Team, based in East Central Wisconsin and is sponsored by the Northern Kettle Moraine Nordic Ski Club welcomes skiers in the 5th thru 12th grade. Many skiers start without any skiing experience, yet practice by practice, the team comes together with a desire to ski proficiently, to stay in shape, to make friends with other skiers, and to have fun as a TEAM.

The Storm practices mostly at the Kettle Moraine State Forest – Northern Unit located in Greenbush. The Greenbush Trails provide some of the finest Nordic skiing in the state, and introduces many area youth to the spirit and benefits of Nordic skiing as a life-long sport and community activity. The Greenbush Trails were the venue for the 1989 Wisconsin State High School Nordic Ski Championships.

2023 WNSL STATE CHAMPIONSHIPS

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MADISON NORDIC SKI TEAM



ROSTER

High School Team

Middle School Team

ABOUT

The goal of the MadNorSki Junior program is to improve technique, build aerobic capacity, and establish or build a strong endurance base, all while having fun. Programs are offered year round to prepare skiers for when the snow flies, whether they choose to ski for fun and recreation, to compete in that first race, or to race in high school, regional or national competitions. The Madnorski Junior team seeks to instill the love of skiing, to promote a healthy, active outdoor lifestyle, and ultimately, to instill the highest standards of sportsmanship, competition and collaboration among our team members.

High School

Imogene Austin **Olive Austin** Ellie Collins Dominica Costanzo-Adkins **Celeste Dailey** Mercy Felt Clara Felt Iris Herrick Laura Johnson Sophia Locher Valentina Losada Sofia Losada Anouk Luyet Sylvia McMullin Libby Spetz **Clarity Watson** Evan Baker James Baker Matias Berggren

Carl Faith-Garcia Jeremiah Flynn Finn Hill-Gorman Jack Kuhn Will Spetz Finnian Stringer Oakley Waisman Arlo Waisman

Middle School

Willa Becker Zadie Becker Rona Bergum Leah DuVarney Hazel Goltz Sasha Guseva Cora Herrick Katrina Holz Elsa Kendrick Katmai Kennon

Olivia Krueger-Hayes Claire Lightbourn Alma Lusson **Katherine Mueller** Annabel Pekar Ardyn Pierce Sylvie Pierce Pearl Rosenkranz Amelia Schultz Saule Stonys Annika Stringer Lily Stumm Juniper Waisman Adele Zolik Serafim Akimov Milo Brown Jacob Curtin Henry Dailey Caelum Duffy Robin Faith-Garcia

COACHES

Jacob Huseby Lead Middle School Coach

Jay Sween Lead High School Coach

> Zach Hudson Assistant Coach

Tamara Bryant Youth Program Director

Leo Geisler Ethan Holiday **Tristan Holz** Marlo Hunter Miles Lightbourn Larkin Mason **Clark McKelvey** Costa Molle Gabe Schultz Charlie Sonnentag James Staple Simonas Stonys **Niels Stringer** Jacob Sulman **PK Wheeler** Sebastian Wilkes Philip Woodman

BLACKHAWK NORDIC SKI TEAM

ABOUT

Blackhawk Nordic Ski Team (BNST) is a competitive team for high-school and middle-school cross-country skiers. Our goal is to provide:

A positive, team-focused Nordic skiing experience. Racing opportunities as catalysts for learning to ski and train well. A life-long interest in Nordic skiing and fitness. Development and growth for skiers of all abilities.

COACHES

Steve Swenson Head Coach

Carol Barford ccbarford@gmail.com

Nathan Haggerty Alysa Hinde Chris Lawn Helen Matsoff Aaron Ostrander Danny Sonnentag

GUEST TEAMS

Lake City Nordic

Red Wing Nordic

Rochester Nordic

LAKE CITY NORDIC



Left to Right – Charlie Keller, Nate Stevenson, James Cooper, Andrew Berger, Eric Anderson, Gunnar McFate, Annika Stevenson, Coach Jim Anderson

COACH

Jim Anderson Middle School and High School lakecitynordic@gmail.com

High School Nordic Girls Champions from 1982-2021

Year	Teams	Champion	Girls Champion	Runner Up	Girls Runner Up
From	1982-1985 The	Championships	were Classic only		
1982		Lakeland	Paula Johnson - Lakeland		Patty Whielock - R. Center
1983	(<i>)</i>	Waukesha	Lisa Borowski - Brookfield E	Sheboygan Falls	Paula Johnson - Lakeland
	10 (4)	Hayward	Lisa Borowski - Brookfield E	Brookfield E	Julie Henricksen - Hayward
	12 (5)	Hayward	Sidney Ringheim - Hayward	Waukesha	Kristy Lontz - Hayward
Erom	4096 4002 The	Championahina	wara Franciula anlu		
		Waukesha	were Freestyle only		Mellisa Munkwitz-Waukesha
	12 (1)		Tammy Markiewicz-Ozaukee	Waukesha	
1987		Hayward	Sidney Ringheim - Hayward Sara Airoldi - Mellon	Waukesha S	Kristy Lontz- Hayward Sara Weber - Waukesha
1988	15 (4) 16 (5)	Sheboygan Waukesha			
1989	16 (5)		CathM Michelle Potter - Wausau W		Lisa Tolbert - Waukesha
	9 (2)	D. C. Everest	Heather Ashby - Lakeland	Elkhart Lake	Jaimi Marchi - Green Bay
1991	14 (5)	Marshfield	Linda Beier - D. C. Everest	D. C. Everest	Amy Sleaper - Tomahawk
1992	14 (6)	Marshfield	Heather Ashby - Lakeland	Phillips	Amy Sleaper - Tomahawk
		mpionships inclu	ided Freestyle and Classical		
1993	Fr. 12(4)	Phillips/Butternut	Bobby Swenson - Butternut	Marshfield	Dawn Sillars - Wausau W
	Cl. 7(3)	•	Heather Ashby - Lakeland	Marshfield	Bobby Swenson - Butternut
1994	Fr. 11 (4)	Phillips/Butternut	Bobby Swenson - Butternut	Wausau W	Katie Weddle - Phillips
	Cl. 11 (4)	Phillips/Butternut	Amy Henningfield - Phillips	Wausau W	Dawn Sillars - Wausau W
1995	Fr. 11 (4)	Phillips	Julie Fait - Wausau W	Wausau W	Lucy Roberts - Hudson
	Cl. 9 (3)	Wausau West	Lucy Roberts - Hudson	Phillips	Lyndsey Pierce - Waukesha
From	1996-2018 Cha	mpionships are r	un as a Pursuit		
1996	11 (4)	Waukesha W	Katie Weddle - Phillips	WaukCathM	Lucy Roberts - Hudson
1997	14 (6)	Wausau W	Aniya Dietz - Fifield	WaukCathM	Anne Fait - Wausau W
1998	16 (7)	Wausau W	Aniya Dietz - Fifield	Rhine/Tomahawk	Anne Fait - Wausau W
1999	15 (6)	Lakeland	Aniya Dietz - Fifield	Wausau W	Emalea Landgraf - Bloomer
2000	23 (10)	Lakeland	Jordan Seethaller - Delafield	Wausau W	Maria Stuber - Waukesha
2001	24 (10)	Lakeland	Maria Stuber - Waukesha W	Rhinelander	Jean Polfus - Lakeland
2002	29 (14)	Lakeland	Maria Stuber - Waukesha W	Rhinelander	Jean Polfus - Lakeland
2003	24 (11)	Rhinelander	Rosy Walsh - Rhinelander	Lakeland	Tanya Cook - Rhinelander
2004	30 (15)	Hayward	Karlye Wisdom - Hayward	Lakeland	Samantha Schoville - Lakeland
2005	32 (18)	Lakeland	Melanie Hoffman - Ashwaubenon	Hayward	Heather Bassett - Lakeland
2006	37 (18)	Hayward	Heather Bassett - Lakeland	Lakeland	Maria Grossi - Hayward
2007	29 (14)	Hayward	Melanie Hoffman - Ashwaubenon	Lakeland	Molly Burger - Hayward
2008	39 (19)	Hayward	Corrine Malcolm - Hayward	Wausau W	Brittany Drengler - Wausau W
2009	34 (15)	Hayward	Brooke Adams - Spooner	Peak Nordic	Nicolette Amber - Hayward
2010	36 (20)	Hayward	Deedra Irwin - Ashwaubenon	Peak Nordic	Nicole Bathe - Madison
2011	35 (19)	Hayward	Ashlee Marshall - Wausau West	Peak Nordic	Nicolette Amber - Northwestern
2012	40 (20)	Hayward	Nichole Bathe - Verona	Peak Nordic	Nicolette Amber - Northwestern
2013	36 (18)	Lakeland	Delaney FitzPatrick - Lakeland	Hayward	Olivia Amber - Northwestern
2014	34 (16)	lola	Erin Bolger - Lakeland	Lakeland	Emma Barnes - Iola
2015	32 (15)	Peak	Alyssa Niggeman - Independent	Lakeland	Abigail Jarzin - Ashwaubenon
2016	31 (14)	Ashwaubenon	Abigail Jarzin - Ashwaubenon		Alissa Niggeman -Ashwaubenon
2010	30 (14)		Abigail Jarzin - Ashwaubenon	Ashwaubenon	Olivia Dreger - Wausau NU
2018	28(12)		Olivia Dregar - Wausau NU	Lakeland	Mia Case - Lakeland
2010	30(12)		Olivia Dregar - Wausau NU	Lakeland	Alice House - Blackhawk
2019	29(12)	Lakeland	Johanna Craig - Lakeland	Blackhawk	Alice House - Blackhawk
2020	26(12)	Peak Nordic	Nina Chosy - MadNorSki	Lakeland	Fran Peterson - Chippewa Valley
			<i>,</i>		

High School Nordic Boys Champions from 1982-2021

Year	Teams	Champion	Boys Champion	Runner Up	Boys Runner Up
		·			
-			npionships were Classic only		
1982	3 (2)	Tomahawk	Bruce Beckwith - Hayward	Lakeland	Koll Fjelstad - Chetek
1983	5(3)	Tomahawk	Simon Sheperd - River Falls	Waukesha	Dave Schimp - Hartford
1984	10 (6)	Hayward	Simon Sheperd - River Falls		Chris Curtin - MadNorSki
1985	12 (7)	Hayward	Simon Sheperd - River Falls	Wausau West	Scott Anderson - Clinton
From 1	1986-1992 Th	e Championships	were Freestyle only		
1986	12 (11)	Wausau West	Luke Bodensteiner - W Bend	Rhinelander	Greg Goltz - Wausau West
1987	12 (10)	Hayward	Luke Bodensteiner - W Bend	Wausau West	Joe McGaver - Hayward
1988	15 (11)	Wausau West	Phil Gallagher - Wausau West	Rhinelander	Jeff Craig - Rhinelander
1989	16 (11)	Wausau West	Phil Gallagher - Wausau West	D. C. Everest	Dan Goltz - Wausau West
1990	9 (7)	Rhinelander	Adam Swank - Rhinelander	Wausau East	Adam Wood - Lakeland
1991	14 (9)	Rhinelander	Kurt Wulff - Lakeland	Wausau West	Chad Tolbert - Waukesha S
1992	14 (8)	Lakeland	Kurt Wulff - Lakeland	Rhinelander	Ryan Hebert - Solon Spr.
From 1	1993-1995 Ch	ampionships inc	luded Freestyle and Classical		
1993	Fr. 12 (8)	Rhinelander	Adam Swank - Rhinelander	Phillips	Bryan Fish - Rhinelander
	Cl. 7(4)	Rhinelander	Chad Tolbert - Waukesha S	Lakeland	Bryan Fish - Rhinelander
1994	Fr. 11 (7)	Wausau West	Andy Weddle - Phillips	Phillips	Matt Frost - Rhinelander
	Cl. 11 (7)	Wausau West	Andy Weddle - Phillips	Phillips	Matt Frost - Rhinelander
1995	Fr. 11 (7)	Wausau West	Benji Uffenbeck - Drummond	Drummond	Andy Weddle - Phillips
	Cl. 9 (6)	Phillips	Matt Frost - Rhinelander	Drummond	David Gosa - Kewaskum
		ampionships are			
	()	Drummond	Matt Frost - Rhinelander	Marshfield	Chris Cook - Rhinelander
1997	14 (8)	Drummond	Chris Cook - Rhinelander	Lakeland	Hans Hinke - Marshfield
1998	16 (9)	Kettle Moraine	Chris Cook - Rhinelander	Rhine/Tomahawk	Joshua North - Brookfield
1999	15 (9)	Rhine/Tmhwk	Ted Foley - Tomahawk	Spooner	Adriaan Ostrander - Hayward
2000	23 (13)	Hayward	Adriaan Ostrander - Hayward	Cumberland	Bryan Cook - Rhinelander
2001		riaywara			
2001	24 (14)	Hayward	Adriaan Ostrander - Hayward	lola	Bryan Cook - Rhinelander
2001	24 (14) 29 (15)	•	Adriaan Ostrander - Hayward Ben Cline - MadNorSki	lola Spooner	Bryan Cook - Rhinelander Donvan Dums - Hayward
	. ,	Hayward	,		•
2002	29 (15)	Hayward Hayward	Ben Cline - MadNorSki	Spooner	Donvan Dums - Hayward
2002 2003	29 (15) 24 (13)	Hayward Hayward Rhinelander	Ben Cline - MadNorSki Bill Bowler - Wausau Newman	Spooner Spooner	Donvan Dums - Hayward Alex Ostrander - Hayward
2002 2003 2004	29 (15) 24 (13) 30 (15)	Hayward Hayward Rhinelander Hayward	Ben Cline - MadNorSki Bill Bowler - Wausau Newman Bill Bowler - Wausau Newman	Spooner Spooner Waukesha W	Donvan Dums - Hayward Alex Ostrander - Hayward Thomas Stuber - Waukesha W
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2002 2003 2004 2005 2006 2007 2008	29 (15) 24 (13) 30 (15) 32 (14) 37 (19) 29 (15) 39 (20)	Hayward Hayward Rhinelander Hayward Hayward Hayward Hayward Hayward	Ben Cline - MadNorSki Bill Bowler - Wausau Newman Bill Bowler - Wausau Newman Alex Ostrander - Hayward Kyle Fredrickson - Hayward Kyle Fredrickson - Hayward Matt Pierce - Hayward	Spooner Spooner Waukesha W MadNorSki Lakeland Newman/Marawood Waukesha W	Donvan Dums - Hayward Alex Ostrander - Hayward Thomas Stuber - Waukesha W Kyle Fredrickson - Hayward Matt Pierce - Hayward Chris Bowler - Wau. Newman Matt Dugan - Waukesha W
2002 2003 2004 2005 2006 2007 2008 2009	29 (15) 24 (13) 30 (15) 32 (14) 37 (19) 29 (15) 39 (20) 34 (19)	Hayward Hayward Rhinelander Hayward Hayward Hayward Hayward Hayward Peak Nordic	Ben Cline - MadNorSki Bill Bowler - Wausau Newman Bill Bowler - Wausau Newman Alex Ostrander - Hayward Kyle Fredrickson - Hayward Kyle Fredrickson - Hayward Matt Pierce - Hayward Ben Hugus - Wausau West	Spooner Spooner Waukesha W MadNorSki Lakeland Newman/Marawood Waukesha W Wausau West	Donvan Dums - Hayward Alex Ostrander - Hayward Thomas Stuber - Waukesha W Kyle Fredrickson - Hayward Matt Pierce - Hayward Chris Bowler - Wau. Newman Matt Dugan - Waukesha W Matt Dugan - Peak Nordic
2002 2003 2004 2005 2006 2007 2008 2009 2010	29 (15) 24 (13) 30 (15) 32 (14) 37 (19) 29 (15) 39 (20) 34 (19) 36 (16)	Hayward Hayward Rhinelander Hayward Hayward Hayward Hayward Peak Nordic Wausau E/W	Ben Cline - MadNorSki Bill Bowler - Wausau Newman Bill Bowler - Wausau Newman Alex Ostrander - Hayward Kyle Fredrickson - Hayward Kyle Fredrickson - Hayward Matt Pierce - Hayward Ben Hugus - Wausau West Matt Nichols - Wausau E/W	Spooner Spooner Waukesha W MadNorSki Lakeland Newman/Marawood Waukesha W Wausau West Ashwaubenon	Donvan Dums - Hayward Alex Ostrander - Hayward Thomas Stuber - Waukesha W Kyle Fredrickson - Hayward Matt Pierce - Hayward Chris Bowler - Wau. Newman Matt Dugan - Waukesha W Matt Dugan - Peak Nordic Kevin Bolger - Lakeland
2002 2003 2004 2005 2006 2007 2008 2009 2010 2011	29 (15) 24 (13) 30 (15) 32 (14) 37 (19) 29 (15) 39 (20) 34 (19) 36 (16) 35 (16)	Hayward Hayward Rhinelander Hayward Hayward Hayward Hayward Peak Nordic Wausau E/W Wausau E/W	Ben Cline - MadNorSki Bill Bowler - Wausau Newman Bill Bowler - Wausau Newman Alex Ostrander - Hayward Kyle Fredrickson - Hayward Kyle Fredrickson - Hayward Matt Pierce - Hayward Ben Hugus - Wausau West Matt Nichols - Wausau E/W Kevin Bolger - Lakeland	Spooner Spooner Waukesha W MadNorSki Lakeland Newman/Marawood Waukesha W Wausau West Ashwaubenon Hayward	Donvan Dums - Hayward Alex Ostrander - Hayward Thomas Stuber - Waukesha W Kyle Fredrickson - Hayward Matt Pierce - Hayward Chris Bowler - Wau. Newman Matt Dugan - Waukesha W Matt Dugan - Peak Nordic Kevin Bolger - Lakeland Matt Nichols - Wausau E/W
2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012	29 (15) 24 (13) 30 (15) 32 (14) 37 (19) 29 (15) 39 (20) 34 (19) 36 (16) 35 (16) 40 (20)	Hayward Hayward Rhinelander Hayward Hayward Hayward Hayward Peak Nordic Wausau E/W Wausau E/W Hayward	Ben Cline - MadNorSki Bill Bowler - Wausau Newman Bill Bowler - Wausau Newman Alex Ostrander - Hayward Kyle Fredrickson - Hayward Kyle Fredrickson - Hayward Matt Pierce - Hayward Ben Hugus - Wausau West Matt Nichols - Wausau E/W Kevin Bolger - Lakeland Adam Martin - Wausau	Spooner Spooner Waukesha W MadNorSki Lakeland Newman/Marawood Waukesha W Wausau West Ashwaubenon Hayward Ashwaubenon	Donvan Dums - Hayward Alex Ostrander - Hayward Thomas Stuber - Waukesha W Kyle Fredrickson - Hayward Matt Pierce - Hayward Chris Bowler - Wau. Newman Matt Dugan - Waukesha W Matt Dugan - Peak Nordic Kevin Bolger - Lakeland Matt Nichols - Wausau E/W Jon Parr - Hayward
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